

**April 2024**

**Bethpage Senior Community Center  
103 Grumman Road West, Bethpage, NY 11714  
(516) 571-9910**



**Nassau County Office for the Aging**

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

1 Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards  2pm – 3pm Chair Yoga	2 Sagamore Pioneers 9am – 1pm Retired Telephone Operators Club	3 Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool  Zumba 1pm – 2pm	4 Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo	5 9:30am – 10:30am Chair Yoga  11:00am Lunch & Learn Effects of Stress on Older Adults for Seniors *Reservations Required*
8 Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards  2pm – 3pm Chair Yoga	9 St. Pius X Seniors 10am – 1pm Speaker/Entertainment  *This club has a wait list*	10 Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool  Zumba 1pm – 2pm  Capt. Kathy Mazza Lodge 2163A 7:00pm	11 Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo	12 9:30am – 10:30am Chair Yoga  12pm Senior Veterans Lunch *Reservations Required*
15 Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards  2pm – 3pm Chair Yoga	16 St. Pius X Seniors 10am – 1pm Speaker/Entertainment  *This club has a wait list*	17 Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool  Zumba 1pm – 2pm	18 Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo	19 9:30am – 10:30am Chair Yoga  Memory Café 12:00pm – 2:00pm *Reservations Required*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>22</p> <p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>23</p> <p>Indian-American Forum 10am – 3:30pm</p>	<p>24</p> <p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Capt. Kathy Mazza Lodge 2163A 7:00pm</p>	<p>25</p> <p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>26</p> <p>9:30am – 10:30am Chair Yoga</p>
<p>29</p> <p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>30</p> <p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment</p> <p>*This club has a wait list*</p>			



**BRUCE A. BLAKEMAN**  
NASSAU COUNTY EXECUTIVE